## Title: Continuous Bladder Irrigation: 3-Way Foley Catheter

### Department: Inpatient Units  |  Area: All Areas

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<th>CAUTI TEAM</th>
<th>Date created:</th>
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<td>Approved by:</td>
<td>Nursing Director</td>
<td>Date approved:</td>
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### Tools and/or Supplies (if needed):
- Three way Foley Catheter and Catheter Insertion Kit if needed
- Closed system continuous drainage bag
- Bladder irrigation set (single line or double line Y-set)
- Irrigating solution per physician order
- IV pole
- Sterile Gloves
- Alcohol/Chloraprep Wipes

### Steps:

#### 1
- Explain the procedure to the patient
- **Wash Hands or use foam**
- Gather supplies and open bladder irrigation kit using sterile technique

#### 2
- **Insert 3-way Foley using sterile technique, if not present**
- Hang irrigation solution 24-36 inches above the bladder to promote gravitational flow
- Spike bag, prime tubing and close roller clamp keeping flexible tube in sterile sleeve
- **Wash Hands and don sterile gloves**

#### 3
- **Remove flexible tube from end of bladder irrigation set**

#### 4
- **Insert catheter irrigation tubing into irrigation port of 3-way Foley catheter**
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| - Open roller clamp, regulate drip as ordered to keep urine light pink and free flowing. **DO NOT USE INFUSION PUMP**  
- Remove gloves and wash hands | - Monitor the irrigation bag and collection bag frequently. **Never clamp or occlude the catheter or drainage bag.**  
- **Record accurate intake and output** *(subtract the amount of irrigation fluid instilled into the bladder from the amount of fluid collected in the drainage bag)* |
|   |   |
| **7** |   |
| - If irrigation is discontinued, place catheter plug in irrigation port using sterile technique  
- **DOCUMENT CARE given** |   |