Title: Open-System Foley Catheter Irrigation

| Tools and/or Supplies (if needed): | Sterile Irrigation Kit, Sterile water, Sterile gloves, and (2) alcohol/chloraprep wipes |

### Steps:

1. Obtain order from Physician  
2. Obtain a 2nd person to assist with procedure  
3. Gather supplies  
4. Explain the procedure to the patient  
5. Wash Hands or use foam  

2. **Set up the sterile field with supplies**  
   a) Open irrigation kit drape to form sterile field  
   b) Open (1) alcohol/chloraprep wipe and drop onto sterile field  
   c) Nurse don Sterile Gloves  
   d) Assistant don gloves  
   e) Assistant open sterile water and pour into basin (cap remain sterile)  

3. Nurse fill syringe with 30-60 cc sterile water  

4. **Assistant** clean junction between catheter and drainage tube with 2nd alcohol/chloraprep wipe  
   a) Assistant grasp each end of the catheter and drainage tube to twist and pull it apart
5. **Assistant** hold both drainage tube and catheter – do not contaminate  
**Nurse** take filled syringe and place in catheter opening - do not contaminate tip of syringe

6. **Nurse** gently instill sterile water into the catheter  
Drain solution by gravity or pull back on syringe - discard used solution into plastic graduate. *Repeat as necessary*

7. **Nurse** clean tips of urinary catheter and drainage bag with alcohol/chloraprep wipe

8. **Assistant** reconnects catheter and drainage bag, avoiding tip contamination

9. Dispose of used irrigation supplies. Put Date, Name of Patient and Time on leftover sterile water - discard after 24 hours  
**Wash Hands**  
**DOCUMENT** Care