

PART 5: APPENDICES

APPENDIX I: IATROGENIC DELIRIUM TOP TEN CHECKLIST

Associated Hospital/Organization: HRET HIIN

Purpose of Tool: Checklist to review current or initiate new interventions for iatrogenic delirium prevention in your facility

Reference: www.hret-hiin.org

2017 Iatrogenic Delirium Top Ten Checklist

PROCESS CHANGE	IN PLACE	NOT DONE	WILL ADOPT	NOTES <i>(Responsible and By When?)</i>
1. Use a validated tool to regularly assess patients for delirium.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
2. Include Richmond Agitation Sedation Scale (RASS)/delirium screening (or a validated agitation scale) in multidisciplinary rounds and hand-off communication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
3. Treat pain before agitation using scheduled pain management protocol.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
4. Avoid using benzodiazepines in patients at high risk for delirium.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
5. Administer sedation using a goal according to a scale such as RASS or Modified Ramsey Score as ordered by a physician.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
6. Develop a process that ensures daily reduction or removal of sedative.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
7. Implement an early, progressive mobilization program.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
8. Provide cognitively stimulating activities multiple times per day and enlist family engagement to provide a calm, familiar environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
9. Implement a non-pharmacological sleep protocol.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
10. Monitor incident reports for possible cases in which delirium may have been a factor.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	